



## HANDS ON HEALING COURSE

In South Africa, Annelita Reinders (MSc) will be hosting a short Hands-on-Healing course for people who already have their own practice and/or is working in a holistic healing field (E.g. kinesiology, reiki, cranio sacral therapy, coaching, nursing, massage fields, etc.)

It will take place at the end of August over four full days (Friday 26/8 until Sun 28/8 and again the next Sat 3/9) and during the week there will be a short evening session (2-3 hours) where we can invite guests for practical Hands-on-Healing sessions.

During the classes you will give and receive Hands on healings. Through the lessons you support and appreciate your intuition, your inner growth as a being and your connection with your body.

At the end of the course you will receive a Certificate so as to provide or incorporate hands-on healing within your line of work.

### **One-on-one session**

After the course you will receive a reading on your growth.

A reading is a description of your energy. We look at new energy in your body and energy system. We look at what is changing in your life because of this new inner knowing, and what you do not do anymore. This Reading will be via Zoom.

The lessons and the reading will all be presented in English.

**Investment:** R4,200 incl tax/vat. Including a reading after the course.

**Address:** Sustainability institute (off R310), Lynedoch Eco Village, Stellenbosch Winelands

**Teacher:** Annelita Reinders MSc, S-Sent ([www.s-sent.nl](http://www.s-sent.nl))

**Registration:** [a.reinders@s-sent.nl](mailto:a.reinders@s-sent.nl)

**Further Information and enrolment:** [www.s-sent.nl](http://www.s-sent.nl) or WhatsApp/zoom call with Annelita.



## ABOUT HANDS ON HEALING

### **About Hands-on-Healing**

From within, you communicate with the being of the other person (your client-the 'Healee'). He or she has inner knowledge from their subconscious pure essence about the situation he or she created and what is needed to heal. In the 'Hands-on-Healing' classes you learn to communicate on that essence level. Communicating without words; from pure being to being. This deep essence level of healing is the quality you develop during the course. We will also spend time and learn to ground and heal our own healing energy, and work on keeping ownership of our healing energy. So that a Hands-on-Healing does not 'cost' you energy, but rather gives you as the healer energy as well. You gain energy in this process. You and your client both 'grow' as a result of the interaction.

### **Visit to a sacred energy spot**

In addition to the course, there will be a visit to a sacred energy spot in The Western Cape on the Sun 4/9 where we will tap into the powerful and transformative powers of the earth's healing energy. Similar to the power of a magnet, the power of a sacred site is an invisible field of energy permeating the area of the sacred site. Costs for this optional extra lesson is R350.

## TIME AND DATES

### **Dates:**

Monday 26/8 until Sun 28/8 and again the next Sat 3/9, 10am-5 pm

Option to join the visit to a sacred energy spot on Sunday 4/9, 10am – 1pm